



# *Sacred Places*

Vol. 11 No. 1  
Spring 2000



## *Lessons Learned Awaiting the New Millennium*

Depending upon your definition of when the new millennium begins, we are already almost a quarter of a year into the new millennium or still nine months away from its actual start on January 1, 2001. Regardless of the definition, we can be certain of two things: the dreaded Y2K bug did not have the doomsday effect on the world's computers, and for one brief day the world seemed to celebrate as one.

If we think back just a few short months ago, try to remember all the apocalyptic rhetoric that streamed forth from newspapers and magazines, TV and radio. On the one hand were the doomsayers who predicted that once the Y2K bug infected the world's computers, the electricity would go off, the water would stop flowing, planes would fall from the sky, and the banks' flawed records would either make you a pauper or a millionaire. Their suggestion was to stock up on enough fuel, food and money to ride you over until the chaos ended. Since it would be neighbor against neighbor, it would also be wise to fortify and isolate oneself since self-survival was of the utmost importance. On the other hand were the religious doomsayers who interpreted the signs of the times and the changing of the millennium numbers on the calendar as proof that the end of the world and the second coming would surely occur. Even though the Lord has told us that we "know not the day or the hour", these doomsayers were sure that they were correct in reading the signs and we should prepare for the apocalypse. Unless we believed their words and repented we would not be among the chosen saved.

The message of both these groups was that we should separate ourselves from the rest of the world, either for self-defense or for eternal salvation. But how different this is from the message of Christ who calls us to be one. As St. Paul writes in his letter to the Ephesians, we are called to be "one body in one Spirit... one Lord, one faith, one baptism, one God and Father of all". What a beautiful positive message: a message of unity rather than separation and isolation.

When someone we love dies, the world as we knew it has ended. Nothing is the same; nothing will ever be the same. But we have a choice to make: to isolate ourselves and try to survive or to open ourselves to accept the help and love of those around us. Experience and faith has taught us the better way: that Christ unites. Allow friends and family to hold you up until you can walk again. Never forget the one who has died, but learn to live this new life without his or her physical presence. Remember that just as loved ones' lives have changed, not ended, so too your relationship with them has changed, not ended. They are and continue to remain always a part of your life, though their physical presence is no longer there.

Awaiting the changing of the calendar this year taught us the lesson of living in hope. For one brief day, we watched hour by hour as the people of the world celebrated the new year. Some celebrated in simple ritual, others in sky-lic splendor. Whatever the celebration, the message was one: in a time of uncertainty there is hope for the future. It is the identical message for those who grieve: in the depths of grief there is hope for new life. Allow the love of friends and family, united in faith, to bring you there.

## From The Director's Desk

How fast the days and years have flown by with constant challenges along the way! Thirty-one years ago (and it seems like only yesterday!), Father Minum, who in 1967 had been assigned by Bishop Kellenberg to direct the Diocesan Cemeteries, approached me to see if I would join the Cemetery staff as Office Manager at Holy Rood Cemetery in Westbury. I had recently returned to the workforce as a legal secretary with a local law firm following 15 years spent at home raising four sons. I wondered if I would be sufficiently challenged, moving from the fast-moving pace and pressure one experiences working with lawyers to what appeared to be a much more subdued and slow-paced atmosphere in a Cemetery office. What a startling surprise I was in for when I made the decision to change my career path!

Within a short time after I arrived, Bishop Kellenberg asked us to organize the 20 parish cemeteries located throughout the Diocese and establish uniform procedures, pricing, and trust funds, and to educate their staff on the legalities involved in operating a cemetery. Soon after that had been accomplished, Bishop Kellenberg promoted me from Office Manager at Holy Rood to the position of Assistant Director of Cemeteries. In 1982, an opportunity arose to enlarge the Diocesan Cemetery System (which at that time included both Holy Rood Cemetery in Westbury and Holy Sepulchre Cemetery in Coram), resulting in the founding of Queen of All Saints Cemetery in the Hauppauge/Isle area, in order to provide burial space in close proximity for members of the Diocese who resided in western Suffolk. From just two locations, not only had three emerged, but also the 20 active parish cemeteries had been added to the Diocesan Cemetery System. I continued as Assistant Director until 1989, at which time Father Minum retired, and Bishop McGinn honored me by elevating my position to that of Director of Cemeteries for the Diocese of Rockville Centre, the first woman to hold such a position in the United States.

In the years since I began, the Cemeteries have undergone many improvements. Mausoleum crypts and columbarium were constructed at each location and in-ground, lower crypt sections were developed at Queen of All Saints and Holy Sepulchre Cemeteries. Shrines were added to enhance the religious nature of our properties and, with the wonderful assistance of our retired priests, first under the direction of Hugh Patterson and currently Father Byrne, liturgical services in the form of regularly scheduled and anniversary Masses were initiated. In addition, our Bishops commemorate the lives of those who have returned to the Lord by celebrating Memorial Day and All Souls Day Field Masses annually at each of the Diocesan Cemeteries. Good Friday services, Cemetery Sunday Vespers and Candle Lighting services (as a result of the generosity of Monsignor Hayes in preparing the liturgy and the members of the Diocesan Choir who volunteer their time and voices to provide a truly emotional and inspirational hour for the hundreds of family members who attend) and, more recently, our Christmas remembrance program all allow us to minister more personally to those who have lost a loved one and are in need of the consolation such services offer.

As we advanced in technology and computerized our records we were afforded an opportunity to develop and distribute a bi-annual newsletter via a master mailing list, and to offer Mother's and Father's Day decorations in addition to our existing Christmas and Easter programs. None of the aforementioned accomplishments would have been possible were it not for the support and dedication of a terrific staff and the priests of our Diocese. The challenges have been numerous and there are still many more ahead as we enter the new millennium.

And now, dear friends, the time has come for me to step aside and turn over the reins to others who will face these new challenges with renewed energy and ideas. It has been my honor and my privilege to have ministered to those who have lost a loved one and were in need of moral support and guidance. I feel sure that God directed me to this ministry those many years ago and, hopefully, is pleased with the end result of my years of service to Him and His Church. If I have brought a ray of sunshine into someone's life along the way, if I have in some small way helped lighten a person's grief, or offered a simple word or prayer that encouraged an aching heart, then I will leave feeling that I have accomplished the task God set out for me to do and have truly been rewarded.

At the end of April I will leave this ministry which has offered me such personal rewards and begin the next phase of my life. In June

my husband and I will celebrate 50 years of what has been a wonderful and fulfilling marriage. Without his love, understanding, support and (most of all) patience these past 31 years, I would never have been able to continue. He has truly been the "Wind Beneath My Wings", God's special gift to me. Now it is time for me to show my gratitude for all he has given throughout these years.

To those of you who have lost a loved one, always remember: "To live on in the hearts of those we love is never to die. The song may be ended but the melody lingers on."

And to all of you who have been a part of my life these past 31 years, I thank you for sharing your life and memories with me and for allowing me to serve you. In parting, my wish for you can be best expressed in the words of an old Irish blessing:

May there always be work for your hands to do,  
May your purse always hold a coin or two,  
May the sun always shine on your windowpane,  
May a rainbow be certain to follow each rain,  
May the hand of a friend always be near you,  
May God fill your heart with gladness to cheer you,  
And until we meet again,  
May God hold you in the palm of His hand.

Sincerely,

Ellen Woodbury

## New Area Code

For those of us who live and work on Long Island, the one thing that has remained constant is that there is change. Many changes are caused by the huge growth in population, as New York City's suburbs stretched by Queens, beyond Nassau, and further east into Suffolk County. At the same time, the growth of Long Island's own economy, headquarters to some of the world's largest companies, has added to this increase. Since 1950, the population of Nassau County has doubled, and that of Suffolk has increased five times. Add to this growth the new technologies of cell phones, pagers and fax machines, and the supply of new phone numbers available for use dwindled. Therefore, the Public Service Commission authorized the implementation of a new area code - 631 - for use in Suffolk County. Nassau County remains 516. Therefore, the central-office phone number at Holy Rood Cemetery in Westbury will remain 516-334-7990, but the number for Queen of All Saints Cemetery in Central Islip is 631-234-0397 and Holy Sepulchre Cemetery in Coram is 631-732-3460. This will take a while to get used to, but as with most changes, it is one that we will cope with.

## During the Season of Lent We Remember Our Beloved Dead

Oh, loving Lord Jesus Christ, You wept at the death of your friend, Lazarus, and had pity at the sorrow of his sisters, Mary and Martha. In Your great mercy remember all those who have died, especially those I remember with love today.

Lord, You dealt tenderly with the Widow of Naim over the death of her son, and You prayed with the family of Lazarus when his daughter died. I ask You to heal the sorrow of any family member or friend who has recently lost someone dear. Strengthen in them Your gift of hope in life everlasting.

Lord, in Your own life, You knew fear during Your Agony in the Garden, and suffering as You hung upon the Cross. With renewed faith in You, through the intercession of St. Jude Thaddeus, I ask that you help me to carry the crosses of my daily life and bring me safely home to live with you forever in heaven. Amen.

Prayer of St. Jude Thaddeus, The Dominican, Chapter 1

## Stations of the Cross

We invite you to join us on Good Friday, April 21<sup>st</sup>, at 12:00 noon in the Holy Road Chapel for the opening prayers. Weather permitting, we will follow the mile-and-a-half route through Holy Road Cemetery as we commemorate Our Lord's redemptive death. If the weather is inclement, the ceremony will be held in the chapel. The service will conclude with final prayers and Veneration of the Cross in the Chapel.

## Spring Decoration Program

As introduced in 1994, a spring decoration program will again be offered for Mother's Day and Father's Day. As expanded in 1996, it will also include those families who have loved ones entombed in the Chapel-Mausoleums.

A beautiful live potted plant will be placed directly in the stoning area in front or rear of the monument. For those families who have mausoleum crypts, the flowers will be placed on stands in the respective chapel. The name of those remembered will be placed in a Book of Remembrance at the altar.

The cost for each plant ordered will be \$15.00. They will be placed the week before Mother's and Father's Day, and will remain there through the week of the holiday itself. Families are invited to take their plants home prior to their removal by our staff.

If you placed an order last year, or ordered flowers for the Chapels in the past, you will receive notification through the mail. Otherwise, you may fill out the coupon below and mail it with your check as soon as possible.

Mother's Day # of Plants _____	Father's Day # of Plants _____
Total _____ Plants @ \$15 each = \$ _____	
Name _____	
Address _____	
Town _____ State _____ Zip _____	
Cemetery _____	
Section _____ Range _____ Plot _____	
or Chapel Mausoleum: _____	
Name of deceased _____	
Please make checks payable to:	
	Catholic Cemeteries P.O. Box 182 Westbury, NY 11590-0182

## The Season of Light

By Darcie D. Sims, Ph.D.

It's dark outside, and it's only 4:30 p.m. It's cold. Frost traces delicate etchings across the frozen window panes and there's what little light is left of the day. Already the gloom has descended. Tiny fleckers of light begin to penetrate the darkness as we try to chase away the night with the warmth of candles and lamps.

But the lights we turn on do not seem to pierce the emptiness of this winter season. As we set the dishes and count the silverware, we are acutely aware of the empty places at the family table. We try to find meaning, but when the family circle has been broken by death, the only things that sparkle this season may be tears. Instead of bringing warmth, love and excitement, the winter season can be a painful reminder of the empty space at the table, of the terrible hole in the family fabric.

This can be a time when the past and the present collide. We try to recapture what we once had or blot out bad memories. We try to ignore the empty chair. It is a time of short days and longer nights, of joy winds, cold hands and empty hearts.

While most of the world goes on, the bereaved are struggling with other concerns: How long does grief last? What do we do with the empty places at the table? What is there to be thankful for this year?

Maybe nothing seems quite right in your house or in your heart. Can you ever be happy again?

We hold our breath and hope the time goes quickly. We doubt we can endure too long. We sit in the dark because we think we have forgotten the light.

We wish for some sign of hope in this season of ices... some magical sign that will keep us going until the warmth of spring arrives. We turn on all the lights in an attempt to chase away the grief.

There must be light somewhere! No matter how shattered our lives, how fragmented our dreams, there must be hope somewhere!

Our loved ones have died. We did not lose them, or the love we share. Practical thinking and then saying, "My loved one died," not, "I lost my loved one." Our loved ones are still, and always will be, a part of us. We cannot lose their love.

Sometimes, especially in the early months, and even years, of grief, all we can remember is the pain and horrorfulness of our loved one's death. Pain seems to overshadow everything.

At first, all I could remember were the awful things I kept track of all the things I didn't have any more and would miss. Joy had been buried one afternoon in late fall and there was to be no light for us.

But, as I lived through those memories, I discovered that the pain of the darkness could change its intensity and its depth. Slowly, gently, as I allowed them to, those painful memories faded and were replaced, in time, with memories of his smile, his life days, not his death days.

I began to remember that my loved one lived... not just that he died! His light had given birth to our happiness, and, once I acknowledged the darkness, the light could begin to peek through.

So, during the darkness of grief, search for a little light.

**Be Patient With Yourself.** Know that family affairs are as happy as you think they might be. We all have our hurts to bear. Do what you can and let it be enough.

**Be Realistic.** It will hurt, but don't try to block bad moments. Be ready for them. Lay in a supply of tissues (a lot of toilet paper is even more efficient). Let those hurting moments come, deal with them and let them go.

**Be Kind and Gentle To Yourself.** Figure out what you should do, balance it with what you are capable of doing and then compromise. Forgive yourself for living.

**Plan Ahead.** Grieving people often experience a lack of concentration. Make lists. Prioritize everything. Decide what is really important to you.

**Listen to Yourself.** As you become aware of your needs, tell family members and friends.

**Change Something.** Everything has already changed, so don't be afraid to change some traditions. Try whatever pops into your head. You can always stop it if it doesn't feel quite right or doesn't work! But don't toss out everything this year. Keep some traditions. You choose which ones.

**Hold On To Your Waffles and Change Cars!** You can't buy away grief, but you might be tempted to try.

**Understand...** That heartaches will be unspoken as you sit through items to be stored or given away, but so, too, are the warm loving memories of each piece. Don't deny yourself the gift of healing tears.

**Share Your Time** with someone, anyone! Ride the ferry, visit a soup kitchen or nursing home, spend an evening at the bus station. There are lots of lonely people who could use your love and caring.

**Learn To Look For Joy In The Moment.** Get a pair of rose colored glasses and change the way you look at things. Joy happens when we look for it!

**Work At Lifting Depression.** Take responsibility for yourself. We cannot wait for someone else to wrap up some joy and give it to us. We have to do that for ourselves. Think of things you enjoy and give yourself a treat.

**Find The Gifts Of Your Loved One's Life.** Think of all the "gifts" that your loved one gave to you... joy, safety, laughter, companionship, etc. List these "gifts" on strips of paper and keep them somewhere close to you. Put some in a special box while others may be placed on your refrigerator or on mirrors. Keep them in a memory book or in a secret place. But, wherever you place them, know these small strips of paper hold treasures far beyond our capacity to understand. They hold tangible evidence that someone lived. It is a reminder that we still have those gifts, even if the giver has gone.

**Ask For Help When You Need It: Live Through The Hurt.** So that joy can return to warm your heart. Remember that once we loved and were loved. And that is the greatest memory of all!

Reprinted with permission  
The Catholic Cemetery, March, 1998

### Saturday Masses in the Chapel at 9:30 A. M.

**Holy Rood Cemetery**  
P.O. Box 182  
Old Country Road & Post Avenue  
Westbury, NY 11590-0182  
Tel: (516) 334-7990

Mar. 11	Jun. 3	Sep. 9	Dec. 2
Mar. 25	Jun. 17	Sep. 23	Dec. 16
Apr. 1	Jul. 8	Oct. 14	
Apr. 15	Jul. 22	Oct. 28	
May 6	Aug. 5	Nov. 4	
May 20	Aug. 19	Nov. 18	

**Holy Sepulchre**  
3462 Route 112  
Coram, NY 11727  
Tel: (631) 732-3460

**Queen of All Saints**  
115 Wheeler Road  
Central Islip, NY 11722  
Tel: (631) 234-8297

Mar. 11	Jun. 3	Sep. 9	Dec. 2
Apr. 1	Jul. 8	Oct. 14	
May 6	Aug. 5	Nov. 4	

Cemetery gates are open every day from 8:00 AM to 5:00 PM.  
Offices are closed on Sundays and the following holidays:

President's Day	February 21st
Holy Thursday	April 20th (12:30 PM)
Good Friday	April 21st (12:30 PM)
Memorial Day	May 29th
Independence Day	July 4th
Labor Day	September 4th
Columbus Day	October 9th
Election Day	November 7th
Veteran's Day	November 11th
Thanksgiving	November 23rd

### Have You Moved?

It's important to keep your current address on file in case you have to be contacted for any reason, or to keep receiving your copy of *Sacred Places*.

### Planting Regulations

As warm weather approaches, we would like to remind you about our planting regulations. In monument sections, annual flowers such as geraniums, begonias, impatiens and marigolds may be placed in a bed which can extend 18" in front of the monument. Bouquets of fresh flowers are permitted in monument sections in vases which are ground level, and in shrine sections in the vase that is part of the bronze memorial. No glass vases, statues or other breakable items are permitted as they could cause injuries to employees as they are maintaining the grounds.

Posted plants are permitted for holidays. **All holiday decorations will be picked up on the following dates:**

**Easter Decorations** Monday, May 1st  
**Mother's Day** Monday, May 22nd  
**Father's Day** Monday, June 26th

### Dates to Remember:

**Stations of the Cross**  
Friday, April 21, 2000  
Holy Rood Cemetery, Westbury  
**MEET IN THE CHAPEL AT 12:00 NOON**

**Memorial Day Field Masses**  
Monday, May 29, 2000

Holy Rood Cemetery - 11:00 AM - Bishop Mohrugh  
Holy Sepulchre Cemetery - 11:00 AM - Bishop Wozniak  
Queen of All Saints Cemetery - 12:00 PM - Bishop Dunn

### Change of Address

Name \_\_\_\_\_

Old Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

New Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Plot Location  
Cemetery \_\_\_\_\_

Section \_\_\_\_\_ Range \_\_\_\_\_ Plot \_\_\_\_\_

ADDRESS CORRECTION REQUESTED  
RETURN POSTAGE GUARANTEED



# Sacred Places

Vol. 11 No. 2  
Fall 2000

## Each Grief is Unique

Barbara L. Eisenman, M.D., Athens, Pennsylvania

The stages of grief are common experiences that occur to most people after the death of a loved person. One of the most surprising and confusing aspects of grief is how differently we each grieve. Each person's grief is unique, and we express it and work it through in different ways.

If a couple has a child who dies, it is easy for them to assume that they will both experience the same grief. They believe this because they have lost the same child together. But if they assume they will react and respond in the same ways, they can greatly disappoint each other. Their own personal past histories and experiences with loss will differ. Their relationships with the child will differ. Their roles in the family will differ.

If a parent in a family dies, each child who has a unique role in that family will experience the same loss in his or her own way. When family members share the loss of one person, they may assume since they all lost the same person, that they will all grieve in the same way. But whether parent, sibling or child, they each have a special relationship. If they expect the others to grieve their way, they are likely to hurt and disappoint each other.

Two particular "patterns" of grieving that are markedly different are those that have been most commonly ascribed to men versus women. These patterns are not exclusive to men or women, just more common. It is also notable that in any couple the partners are usually the opposite patterns.

The feminine pattern for grieving is the expression of emotion by talking and crying. In the first few years after the death of my son, I had an incredible urgency, almost a compulsion, to talk about the experience of his death over and over. It seemed to me that I practically got to the point where when I met someone, I would say, "Hi, nice to meet you. I'm Barb Eisenman and I had a baby who died." Talking seemed to give some relief to the intense buildup of emotions inside. It also validated the memories of my son.

While this was very valuable, that form of grieving is so accepted that many people believe it is the only way to grieve. They think that if someone is not talking or crying, they are not recognized as truly grieving.

In contrast to this is the masculine pattern. The male carries the role of provider and protector, but at this time, he can no longer provide what the other needs to heal or protect her from what hurts. Men more commonly will withdraw to think alone rather than talk in a community. They are also more likely to express their grief with physical activity or action. They want to support their families and the ones they love, but talking about it seems to just "drag it all back up again."

Jogging, lifting weights or fishing may give a man a quiet time away to think and remember that person. A man may create something, and the time of creating is a time of remembering and honoring the person. An excellent book on the masculine side of grieving is *Swallowed by a Snake* by Thomas Golden.

Men in our society have been conditioned to express anger more readily than grief or fear, so their grief is more likely to express



## Praise the Lord who heals the broken-hearted

itself in an angry form. Women have been taught that sadness is a "safer" emotion than anger, and they may end up crying when they are in fact angry.

Men are more likely to delay grieving. In a family, while the woman is grieving intensely and deeply, the man may be trying to hold the family together, and his grief is therefore delayed until he feels she will survive. When finally expressed, the man's delayed emotion can be frightening in its intensity of sadness, anger and guilt. Couples may almost appear to take turns.

Since we grieve so differently, it is critical to be aware of differing styles or we may come to believe that the other person doesn't grieve. One person feels the need to talk all the time and looks at the other, "He's not grieving like I'm grieving. He doesn't even want to talk about it anymore. Maybe he doesn't care. Maybe he's forgotten."

While at the same time, the other person may be thinking, why does she constantly have to talk about it. It only makes it hurt all over again. Why drag it up over and over when I can't change it! It can't be fixed.

By compassionate appreciation of our differences, we can avoid this conversation. Some areas of grief work where people differ are prime setups for conflict:

- Expressing feelings - those who need to talk, versus those who find talking too painful.
- Those who find comfort in work and activity, versus those who are overwhelmed and unable to work.
- Those who want to surround themselves with pictures and belongings, versus those who find these things too painful and want them all away.
- Those who turn to their religion versus those who turn away from their religious training to other spirituality.

We need to recognize that in all these forms, this is unique grief. All these patterns express the pain, hurt, loneliness and sadness of this experience. Only then can we support and comfort each other in the long process of healing.

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### Christmas Ornament Memorial Program

The Christmas Holiday season is not a happy one for everyone. If you are in the midst of grief, you may feel overwhelmed not only by your loss, but also by the expectations of others. There is an inherent need to remember those you have loved in a special way and, hopefully, we can provide you with such an opportunity.

At Holy Rood, Holy Sepulchre and Queen of All Saints Cemeteries, during the Saturday Mass on December 2nd, family members will be invited to place an ornament on our Christmas tree in memory of their loved ones. You are invited to bring an ornament with you to be placed there during the offertory procession. Please remember that our Chapels are public places, so we recommend an ornament that can be easily replaced, if necessary. The ornaments will remain on the tree throughout the Christmas season and can be picked up any day from January 1st through January 10th.

### Holiday Decoration Program

The Catholic Cemeteries will again offer a holiday decoration program. For those families who have grave sites, the Christmas program affords the opportunity to purchase an evergreen blanket or pillow, while the Easter program offers a palm cross for placement on individual graves.

We will continue to decorate the chapels in our mausoleums with poinsettias at Christmas, and lilies at Easter. All families, especially those who have entombments in our crypts, are invited to purchase a plant in memory of a loved one. The name of the deceased will be listed in a memorial book placed in each of the chapels.

Although the prices for poinsettias, Lilies and Palm Crosses will be same as last year, due to increased labor costs the price of blankets and pillows will increase by five dollars. This is the first increase in six years, and know that you can be assured of our continued efforts to keep the costs as reasonable as possible.

If you placed an order for our Christmas or Easter decoration programs in 1999, you will receive notification of this year's program through the mail. If you did not purchase last year and are interested for the coming seasons, you may fill out the coupon below and return it with your check to the address listed on the coupon.

<b>Catholic Cemeteries</b> P.O. Box 182 Westbury, NY 11590-0182	
# Christmas	
Blankets (Graves)	@ \$45 = \$ _____
Pillows (Graves)	@ \$30 = \$ _____
Poinsettia (Chapels)	@ \$20 = \$ _____
# Easter	
Palm Crosses (Graves)	@ \$15 = \$ _____
Easter Lilies (Chapels)	@ \$20 = \$ _____
Total Enclosed \$ _____	
Name	_____
Address	_____
Town	_____ State _____ Zip _____
Cemetery/Mausoleum	_____
Section	_____ Range _____ Plot _____
Corridor	_____ Tier _____ Crypt# _____
Name of deceased	_____

### Candle Lighting Service

It has been said that a cemetery is for the living. Although it's true that a Catholic Cemetery is the final resting place of the mortal bodies that were temples of the Holy Spirit until the Lord comes in Glory, it is also a place where we, the living, come to remember those we love who have gone before us. It is a place where we come soon after the funeral, filled with sadness and loneliness. In time, however, we come to the awareness that the cemetery is a place of comfort; we understand that those we love are safe and secure in a far better place, and find refuge in this knowledge. We are also comforted in the simple act of remembering our loved ones, as the visit to the cemetery renews a bond we know can never be broken. The author Thornton Wilder expressed this feeling when he wrote:

*"There is a land of the living and a land of the dead and the bridge is love, the only survival, the only meaning."*

On Sunday, October 29th, we will have an opportunity to remember, in a special way, those we love who are interred in the Catholic Cemeteries. Beginning at 3:00 P.M. at Holy Rood Cemetery, the Diocesan Choir under the direction of Monsignor Ronald Hayde will preside over a ceremony of prayer, song and remembrance. All will participate in a candle lighting ceremony at which time those who died between November 1st, 1999 and October, 2000 will be remembered by name.

We invite all to attend... to pray... to sing... to remember.

(If you plan to attend, please contact the cemetery office ((516) 334-7990) no later than Monday, October 23rd, with the name of the deceased who was interred after November 1, 1999, whom you wish to have remembered.)

*The Lord will gather  
you in His arms and  
gently carry you*

### For They Shall be Comforted

Many times those who have suffered the loss of a loved one look for help from family and friends to get them through the hard times. Sometimes, however, this is not always possible. The entire family may be in need of support; husbands and wives have lost a spouse while their children have lost a parent. Or parents have lost a child, while their other children have lost a brother or sister. At times, even well-meaning family and friends cannot understand or cope with the grief surrounding the death.

The Office of Family Ministry of the Diocese of Rockville Centre has worked with many parishes in forming and supporting Bereavement Groups. A current listing for all the parishes in the Diocese who offer these programs can be found on the following page. If you wish to seek support from those who "have walked in your shoes", please contact the numbers provided for more information.

## Ministry with the Bereaved

### Group Support Programs in the Diocese of Rockville Centre Tenn. Parish, Type of Bereavement Group, Contact Person and Phone

**Code G** - General Bereavement Program for all losses  
**WW** - Widows/Widowers Program for loss of spouse  
**W** - Widows, for loss of husband **BP** - Bereaved Parents for loss of child  
**AS** - Adult Sibling (1) & under, loss of brother or sister  
**YWP** - Young Widows, 50's and under, for loss of husband  
**YW/W** - Young Widow/Widowers, 50's and under, for loss of spouse  
**WWWSG** - Widow/Widowers Social Group post-bereavement  
**YWWSG** - Young widow/widowers Social Group, 21-60, post-bereavement  
**SOS** - Survivors of Suicide  
**P** - Perinatal loss due to miscarriage, stillbirth, infant death  
**C** - Caregivers for those ministering to the aged, ill or dying  
**CH** - Children suffering loss **AP** - Adult loss of parent

#### NASSAU COUNTY

**Baldwin, St. Christopher Parish** (G), Deacon Charles Mulcahrens or Barbara Fullerton (516) 223-0722.  
**Bayville, St. Gertrude Parish** (G), Rosemary Dunn, (516) 428-1111.  
**Bellmore, St. Basilias the Apostle Parish** (G), Sister Wilma Curran, S.C. (516) 785-6243; (W/W), Terry Clarke (516) 826-3443.  
**Bethpage, St. Martin of Tours Parish** (G), Deacon Frank Carolla (516) 931-0818.  
**East Meadow, St. Agapè Parish** (G), Bob Giorgio (516) 785-8666.  
**Farmingdale, St. Kilav Parish** (W/W, BP, AS, P), Deacon Frank Barone (516) 249-0127.  
**F Floral Park, Our Lady of Mercy Parish** (G), Winona Hughes (516) 437-1315.  
**Franklin Square, St. Catherine of Siena Parish** (G, W/W), Sister Miriam Krippin, O.P. (516) 775-0940.  
**Garden City, St. Anne Parish** (G), Sister Maive O'Connor, R.S.M.P. (516) 354-0992.  
**St. Joseph Parish** (W/W), Sister Marie Maherty, O.P. (516) 747-7120; (Y/W/W/S/G), Frank Torino (718) 343-8918.  
**Glen Cove, St. Patrick Parish** (W/W), Maurine Judge (516) 676-9584.  
**St. Anna Parish** (BP), Isabelle Crimmins (516) 471-4817.  
**Hicksville, Holy Family Parish** (G), Sister Jeanne Dress, O.P. (516) 930-3846.  
**Our Lady of Mercy Parish** (W/W), (516) 931-4331.  
**St. Ignace Loyola Parish** (G), Sister Kay McCarney, O.P. (516) 935-6946 & Sister Marie Coleman, R.S.M. (516) 933-1670.  
**Inwood, Our Lady of Good Counsel Parish** (C), Sister Gray Down, C.S.J. (516) 239-0953.  
**Levittown, St. Bernard Parish** (W/W), Ruth Ramos (516) 731-4220.  
**Long Beach, St. Mary of the Isle Parish** (G), Sister Frances Monzillo, O.P. (516) 431-5210.  
**Lynbrook, Our Lady of Peace Parish** (W), Sister Barbara Faber, R.S.M. (516) 599-6414.  
**Manhasset, St. Mary Parish** (G, CH), Sister Peggy Byrne, O.P. (516) 627-1205.  
**Manhasset, Our Lady of Fatima Parish** (W/W all losses welcome), Rose Osterberg (516) 767-1469.  
**Massapequa, St. Rose of Lima Parish** (W/W), Sister Loyola Curtin, C.S.J. (516) 790-9754; (SOS), Barbara and Ray Aarons (516) 798-7881.  
**Merrick, Our Lady of Fatima Parish** (W/W), Sister Miriam Michael Jones, O.P. (516) 633-1409.  
**New Hyde Park, Holy Spirit Parish** (G), Sister Ann Morgan, R.S.M. (516) 358-5139.  
**North Elmhurst, St. Ignace Parish** (G), Sister Alice Reichmiller, O.P. (516) 327-4465.  
**North Merrick, Sacred Heart Parish** (W/W), Sister Pat Turin, C.S.J. (516) 379-6122.  
**Oceanside, St. Anthony Parish** (W/W), Ann Marie Podakos, CSW (516) 536-7720.  
**Oyster Bay, St. Dominic Parish** (G, P), Fran Lombardo (516) 922-4484.  
**Port Washington, St. Rose of Alcantara Parish** (W/W all losses welcome), Rose Osterberg (516) 767-1469.  
**Rockville Centre, St. Agnes Cathedral Parish** (G), Sister Gina Travers, O.P., (516) 766-3516.  
**St. Maloy College** (BP, AS - The Compassionate Friends of NYC), Elaine & Jon Stillwell (516) 766-1682.  
**St. Mary Medical Center** (W/W, BP, AP, P), Sister Mary Jane Brustman, C.S.J. (516) 485-3050.  
**Rosetonville, Queen of the Most Holy Rosary Parish** (G), Deacon Louis Sanberg (516) 278-1315.  
**Seaford, Most Agnes Parish** (W/W, AP), Kathy Ryan (516) 795-2435.  
**St. James Parish** (W/W, W/W/S/G, Y/W/W, AP), Yvonne Nobile (516) 735-8640.  
**St. Wilfred the Abbot Parish** (W/W/W), Sister Mary Grace, O.S.L. (516) 479-8532.  
**Syosset, St. Elizabeth Comfort Parish** (G), Mary Jane McCarney (516) 921-8428.  
**Valley Stream, Holy Name of Mary Parish** (G), Sister Margie Kelly, C.S.J. (516) 925-0177.  
**Wantagh, St. Francis de Chantal Parish** (W/W), Parish Outreach (516) 785-2333, x 241; (BP), Denis and Paul Badano (516) 623-4186.  
**Westbury, St. Angela Parish** (W/W, BP), Parish Center (516) 334-0021; (W/W some programs), Marie Lash (516) 334-8861.  
**Hospice Care Network** (CH 4-18, W/W, AS), Mary Gravin, R.N. (516) 832-7100.  
**West Hempstead, St. Thomas the Apostle Parish** (G), Ray Ann McGill (516) 409-8585.  
**Williston Park, St. Agata Parish** (G, & as needed), Louise Smory/Sister Mary Ellen Harrett (516) 246-1198.  
**Woodbury, Holy Name of Jesus Parish** (G, & as needed), Carice Mashek (516) 921-2334.

#### SUFFOLK COUNTY

**Amityville, St. Martin of Tours Parish** (W/W), Joan Schuster (631) 244-8134.  
**Babylon, St. Joseph Parish** (W/W), Joe Marzotto (631) 547-9068, x 108.  
**Bay Shore, Hospice Care Network** (CH 4-18, W/W, AS), Mary Gravin, R.N. (631) 668-8863.  
**Belmont, Mary Immaculate Parish** (G), Clair Herrmann (631) 386-3526.  
**Blue Point, Our Lady of the Snow Parish** (G), Kathleen Kassebaum (631) 363-6385.  
**Bohemia, St. John Nepomucene Parish** (G), Karen Anderson (631) 567-1995.  
**Center Moriches, St. John the Evangelist Parish** (BP), Barbara and Gerry Van Dersteele (631) 399-4929.  
**Centersport, Our Lady Queen of Marys Parish** (W/W, BP, SOS, P), Marilyn Berglund (631) 754-9045.  
**Deer Park, St. Cyril & Methodius Parish** (G), Sister Marie de Hartford, C.S.J. (631) 667-4044.  
**East Hampton, Most Holy Trinity Parish** (G), Nicole Courson (631) 324-0134.  
**East Hills, St. Mary Parish** (G), Barbara Redmond, R.N. & Margaret Peterson, R.N., (631) 581-7070.  
**East Northport, St. Anthony of Padua** (G, W/W), (631) 261-1695.  
**East Patchogue, St. Joseph the Worker Parish** (G), Joan McGay (631) 286-6356.  
**Holbrook, Good Shepherd Parish** (G), Liz Brown (631) 585-4594.  
**Huntington, St. Patrick Parish** (G), Loretha Steiler & Deacon Jules Gagnon (631) 675-5320; (Y/W/W), Parish Outreach at Trocadero House (631) 673-5328.  
**Huntington Station, St. Hugh of Lincoln Parish** (W/W/S/G), Fran Lusk (631) 271-9996.  
**Islip Terrace, St. Peter the Apostle Parish** (G), Sister Teresa McGreevy, R.S.M. & Milie Carzoneri (631) 327-8488.  
**Lake Ronkonkoma, St. Elizabeth Ann Seton Parish** (G), Anna Nicol (631) 737-4388.  
**Lindenhurst, Our Lady of Perpetual Help Parish** (W/W), Deacon Andrew Gargiulo; and (BP), Maria Eckert (631) 226-7726.  
**Manorville, St. Andrew Paul Parish** (W/W), Ruth Potoczko (631) 369-7142.  
**Massic Beach, St. John Parish** (G), Angela Gross & Renate Isbel (631) 281-5274.  
**Mohawk, St. Elizabeth Parish** (G & as needed), Dorothy Saxon (631) 271-4455.  
**Ronkonkoma, St. Joseph Parish** (G), Barbara Piccola (631) 588-8434; (W/W, BP, CH-seen), Anne Kelly (631) 581-8888.  
**St. James, St. Philip and James Parish** (W/W, BP, W/W/S/G), Elizabeth Walsh (631) 584-5454.  
**Selden, St. Margaret of Scotland Parish** (G), Eppio Latta (631) 736-6210.  
**Sherburne, St. Mark Parish** (W/W), Sister Joan Quarta, O.P. (631) 744-2800.  
**Smithtown, St. Patrick Parish** (G, BP), Fran Bager (631) 265-2668.  
**Southampton, Sacred Hearts of Jesus and Mary** (G), Kay McGaurnin (631) 303-0097.  
**West Babylon, Our Lady of Grace Parish** (G, W/W), Sister Alice McVey, C.S.J. (631) 461-9354.  
**West Islip, Our Lady of Lourdes Parish** (W/W), Deacon Jules Gagnon (631) 461-3224.

For further information, contact Elaine Stillwell, Bereavement Coordinator, Office of Family Ministry, Diocese of Rockville Centre, Voice Mail: (516) 678-5800, x 628; E-mail: [elainestillwell@worldnet.att.net](mailto:elainestillwell@worldnet.att.net).  
 Updated 8/1/00

**Save the Date**  
**Saturday, March 31, 2001**  
**Diocesan Bereavement Conference**  
 for those who receive and those who minister to them  
 9:00 am to 1:30 pm  
 to be held at:

St. Elizabeth Parish Center, Melville, NY

Sponsored by the Office of Family Ministry, Diocese of Rockville Centre  
 For further information, contact: Elaine Stillwell, Bereavement Coordinator  
 Voice Mail: (516) 678-5800, x 628  
 E-mail: [elainestillwell@worldnet.att.net](mailto:elainestillwell@worldnet.att.net)

#### National Catholic Ministry to the Bereaved to hold national conference for those ministering to the bereaved.

The National Catholic Ministry to the Bereaved (NCMB) will hold its Annual National Conference, "I Have Seen Your Tears," for those ministering to the bereaved, (open to all), at Our Lady of the Snow National Shrine, Bolingbrook, IL, Thursday through Sunday, April 26-29, 2001. Four keynote, four workshop choices, two panels, and two sharing sessions will offer enrichment and/or training for those working with the bereaved. For further information, contact: National NCMB Office (440) 943-3460 or Elaine Stillwell, Conference Chairman phone/fax (516) 766-4682; e-mail [elainestillwell@worldnet.att.net](mailto:elainestillwell@worldnet.att.net)

**Saturday Masses in the Chapel at 8:30 AM:**

Holy Rood Cemetery P.O. Box 182 Old Country Road & Post Avenue Westbury, NY 11590-0182 Tel: (516) 334-7990			
2000	2001		
Oct. 14	Jan. 6	Apr. 7	Jul. 7
Oct. 28	Jan. 20	Apr. 21	Jul. 21
Nov. 4	Feb. 3	May 5	Aug. 4
Nov. 18	Feb. 24	May 19	Aug. 18
Dec. 2	Mar. 10	Jun. 9	Sep. 8
Dec. 16	Mar. 24	Jun. 23	Sep. 22

Holy Sepulchre 3442 Route 112 Coram, NY 11727 Tel: (631) 732-3460		Queen of All Saints 115 Wheeler Road Central Islip, NY 11722 Tel: (631) 234-8297	
2000	2001		
Oct. 14	Jan. 6	Apr. 7	Jul. 7
Nov. 4	Feb. 3	May 5	Aug. 4
Dec. 2	Mar. 10	Jun. 9	Sep. 22

**Offices are closed on Sundays and the following holidays:**

Columbus Day	October 9, 2000
Election Day	November 7, 2000
Veteran's Day	November 11, 2000
Thanksgiving Day	November 23, 2000
Christmas Day	December 25, 2000
New Year's Day	January 1, 2001
Martin L. King Day	January 15, 2001
President's Day	February 19, 2001
Holy Thursday	April 12 (12:30 PM), 2001
Good Friday	April 13 (12:30 PM), 2001
Memorial Day	May 28, 2001

**Have You Moved?**

It's important to keep your current address on file in case you have to be contacted for any reason, or to keep receiving your copy of *Sacred Places*.

**Planting Regulations**

As the cool weather approaches, we would like to remind you about the planting regulations. Artificial flowers are permitted during the winter months beginning November 1st. Holiday decorations in the form of a blanket or wreath may be placed on the grave sites. Christmas decorations will be removed beginning January 29th, 2001, weather permitting.

**Dates to Remember:**

**Cemetery Sunday**  
Sunday, October 29th, 2000  
**Holy Rood Cemetery, Westbury**  
**CANDLE LIGHTING SERVICE AT 3:00 PM**

**All Souls Day Masses**  
Thursday, November 2nd, 11:00 AM

Holy Rood Cemetery, Westbury  
*Most Reverend James T. McHugh, S.T.D.*  
Queen of All Saints Cemetery, Central Islip  
*Most Reverend John C. Duane*  
Holy Sepulchre Cemetery, Coram  
*Most Reverend Emil A. Wiele, SSI*

**All Three Diocesan Cemeteries**  
Saturday, December 2nd, 9:30 AM  
**Christmas Ornament Memorial Program**  
[See Article in Newsletter]

**Change of Address**

Name \_\_\_\_\_  
 Old Address \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 New Address \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Plot Location: \_\_\_\_\_  
 Cemetery \_\_\_\_\_  
 Section \_\_\_\_\_ Range \_\_\_\_\_ Plot \_\_\_\_\_